

# Gloucester Skating Club



## FALL CanSkate SCHOOL 2017

September 18, 2017 – December 21, 2017

### SKATE CANADA NATIONAL PROGRAMS

#### Badges – Teaching Progressions

There are six 'Stage' badges in the CANSKATE learn-to-skate program. Each Stage incorporates the "ABC's" of skating skills focusing on the fundamental movements of 'Agility', 'Balance', and 'Control'.

#### Pre-CanSkate – Age: 3-4 years

Children aged 3-4 years are taught basic skating fundamentals, with a focus on continuous movement and creative play.

#### CanSkate – Age: 4-6+ years

Children aged 4-6+ years are taught forward/backward skating and cross-cuts, stopping, balance, and turning, etc. Hockey and ringette players can also enhance their game by improving their skating skills with our program.

#### RecFigureSkate / Active For Life

Rec Figure skaters continue to develop figure skating skills in groups in a fun, recreational and safe environment. In Active for Life, Teen/Adult skaters learn skating skills from beginner to recreational figure skating.

Day	Time	#Min	# Wks	Cost \$
<b>Pre-CanSkate – Age 3-4 years</b>				
Sat - Sep 23	9:30-10:00 am	30	12	117.00
Sun – Sep 24	10:30-11:00 am	30	12	117.00
<b>CanSkate 1 – Age 4-5 years (Stage 1-2)</b>				
Sat - Sep 23	10:00-10:45 am	45	12	175.50
Sun - Sep 24	11:00-11:45 am	45	12	175.50
Mon - Sep 18	5:50-6:35 pm	45	14	204.75
<b>CanSkate 1-2 (Combined) – Age 4-6+ years (Stage 1-3)</b>				
Sat - Sep 23	11:45-12:30 pm	45	12	175.50
Tue - Sep 19	6:00-6:50 pm	50	13	211.25
<b>CanSkate 2 – Age 6+ years (Stage 1-3); Age 4-5 (Stage 3)</b>				
Sat - Sep 23	10:55-11:45 am	50	12	195.00
Sun - Sep 24	11:50-12:35 pm	45	12	175.50
Mon - Sep 18	6:35-7:20 pm	45	14	204.75
<b>CanSkate 3 – Stage 4-6</b>				
Sun - Sep 24	12:45-1:35 pm	50	12	195.00
Thu - Sep 21	6:30-7:20 pm	50	14	227.50
<b>Active For Life – RecFigure (Combined)</b>				
<b>(RecFigure requires Stage 6 or equivalent ability)</b>				
Thu - Sep 21	7:45 – 8:15 pm Off-ice warm-up	30	14	105.00
Thu - Sep 21	8:30 – 9:20 pm	50	14	343.00
Sun - Sep 24	1:35 – 2:20 pm	45	12	246.60

#### OTHER FEES MANDATORY FOR ALL SKATERS:

2017-18 Skate Canada member fee (Sep 1-Aug 31) \$35.70  
GSC Skater Development fee (per registration) \$5.00

## Gloucester Skating Club

1490 Youville Dr, Orleans, ON K1C 2X8

Phone: 613.830.1610 Fax: 613.830.3464

Club Office Email: [info@gloucesterskatingclub.ca](mailto:info@gloucesterskatingclub.ca)

Bookkeeper Email: [accounts@gloucesterskatingclub.ca](mailto:accounts@gloucesterskatingclub.ca)

Website: [www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca)

### HELMET POLICY

Skate Canada clubs and skating schools who offer a CanSkate program must ensure ALL CANSKATE and ADULT CANSKATE skaters up to and including Stage 5 MUST wear a CSA APPROVED HOCKEY HELMET while on the ice.

#### How to Register

Visit our website at [www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca) and follow the link on the Programs + Registration tab. Please view the online instructions link on our website under the **GSC Registration/Store TAB** and select **Registration Instructions/ Fall/Winter 2017-18**. If a skater is NEW to CanSkate, type NEW in the membership field of the online registration. If they are returning, please type UNKNOWN if you can't remember the Skate Canada membership number. Please email [info@gloucesterskatingclub.ca](mailto:info@gloucesterskatingclub.ca) with any questions.

#### Registration, Payment and Refunds

- Registrations are processed on a first come, first served basis. Advance registration is offered to Skaters registered in the previous school. Late registrations are accepted on a pro-rated basis if space permits.
- GSC may change or cancel sessions or ice time depending on registration and to accommodate special events or other emergency situations. The skating calendar for scheduled cancellations is posted on the GSC website and bulletin board.
- Payment: Via our Online system by Visa / Mastercard/ On-line Debit, or eCheque. Full payment is due at the time of online registration.
- Contact the Club Administrator by email to cancel your registration prior to **Sep. 15, 2017**. Registration fees ONLY (not member or development fees) will be refunded within 3 weeks less a \$25 administration fee. There are **NO REFUNDS** of registration fees after **Sep. 15, 2017**. There are no refunds, substitutions or make-ups for missed lessons.
- Contact the Club Administrator by email to request a medical credit at any time. A doctor's note is required and no administration fee applies for medical credits.