



Gloucester Skating Club

Skate Canada Member



The Gloucester Skating Club 2018 Club Competition

**Bob MacQuarrie Complex
Youville Drive, Orleans, Ontario**

on

**Saturday, April 14th, 2018
at the**

Roger Senecal Rink

GLOUCESTER SKATING CLUB 2018 CLUB COMPETITION

The Gloucester Skating Club is hosting its annual club competition at the Bob MacQuarrie Complex on **Saturday, April 14th, 2018**. All eligible skaters are encouraged to participate. This is a fun day for all skaters!

BASIC RULES FOR THE COMPETITION

1. Skaters must be registered as GSC members. For Team Elements, all GSC and Non-GSC skaters may participate including skaters from Iqualuit
2. Entry fees:
 - \$35.00 for each -STAR FreeSkate event, Pre-Juvenile and Juvenile Freeskate event, Interpretive and Creative Improvisation event
 - \$35.00 Skate Extreme Event
 - \$35.00 Active for Life / Recfig
 - \$15.00 per skater for Team Elements
3. Consult with your Base Coach to determine what events to register in. Then register on-line by **11:59pm Sunday, March 18th, 2018**. Late entries will be subject to a \$10.00 late fee.
4. Events may be cancelled or combined depending on the number of entries.
5. There will be no refunds for withdrawals except for a cancelled event.
6. Test Qualifications are as of **January 31st, 2018** and Age Qualifications are as of **January 31st, 2018**.
7. There will be draws for all events to determine skating orders.
8. **GSC WILL POST ALL PLACEMENTS FOR ALL EVENTS.** Medals will be presented to the 1st, 2nd and 3rd placings in STAR 4 and up Freeskate events and all other events. Medal Presentations will be held on the day of the competition. Full skating attire is required for medal presentations.
9. Whenever eligibility for an event is specific in terms of a test, it shall mean the **COMPLETE** test.
10. All skaters must be in the Arena at least ONE HOUR prior to the start of his/her event except for the first event of the day, in which case, 1/2 HOUR prior is sufficient. All skaters must confirm their presence with the ice captain.
11. All solo music is to be on CD **ALL MUSIC CDs MUST BE MARKED WITH SKATER'S NAME.**
2 CDs must be submitted at the registration desk, 1 hour prior to the commencement of your event.

FREESKATE EVENTS	
Well-balanced program requirements will be used to judge these events (per Skate Canada – Eastern Ontario Section-)	
Event	Description
STAR 1 Element Assessment	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not mastered more than 3 single jumps) Skaters are assessed to Standard. Skaters may be grouped by age. Male and Female may be grouped together.
STAR 2 Compulsory Assessment Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test. (STAR 6) (Geared to skaters who have not yet mastered more than five different single jumps) Skaters are assessed to Standard. Skaters may be grouped by age. Male and

	Female may be grouped together
Event	Description
STAR 3 Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard. Skaters may be grouped by age. Male and Female may be grouped together.
STAR 4 GIRLS U10 (under 10 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 4 GIRLS U13 (under 13 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 4 GIRLS 13+O (13 years and over) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 4 BOYS U10 (under 10 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skating Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 4 BOYS U13 (under 13 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 4 BOYS 13+O (13 years and over) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6) (Geared to those skaters who have not yet mastered double jumps) Skaters are assessed to standard and ranked
STAR 5 GIRLS U10 (under 10 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Junior Silver Free Skate Test (STAR 8) (Geared to those skaters working on double jumps but not yet ready for Pre-Juvenile/Sr. Bronze) Skaters are judged according to CPC and Skaters are ranked
STAR 5 GIRLS U13 (under 13 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Junior Silver Free Skate Test (STAR 8) (Geared to those skaters working on double jumps but not yet ready for Pre-Juvenile/Sr. Bronze) Skaters are judged according to CPC and Skaters are ranked
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STAR 5 BOYS U13 (under 13 years of age) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Junior Silver Free Skate Test (STAR 8) (Geared to those skaters working on double jumps but not yet ready for Pre-Juvenile/Sr. Bronze) Skaters are judged according to CPC and Skaters are ranked
STAR 5 BOYS 13 + O (13 years AND OVER) Free Skating Program 2.0 mins (+/- 10 secs)	May not have passed any part of the Junior Silver Free Skate Test (STAR 8) (Geared to those skaters working on double jumps but not yet ready for Pre-Juvenile/Sr. Bronze) Skaters are judged according to CPC and Skaters are ranked
STAR 6 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 6 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 7 Women	Skaters must have passed the complete STAR 5 Free Skate Test

Music: 2.5 min (+/- 10 sec)	
Event	Description
STAR 7 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 8 Women Music: 3.0 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 8 Men Music: 3.0 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 9 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 9 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 10 Women Music: 3.0 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
STAR 10 Men Music: 3.5 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
Gold Women Music: 3.0 min (+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
Gold Men Music: 3.5 min(+/- 10 sec)	Skaters must have passed the complete STAR 5 Free Skate Test
Pre-Juvenile U11 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate Test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 11 years of age as of July 1, 2017
Pre-Juvenile U11 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR Free Skate Test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 11 years of age as of July 1, 2017
Pre-Juvenile U13 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 13 years of age as of July 1, 2017
Pre-Juvenile U13 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 13 years of age as of July 1, 2017
Juvenile U12 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 12 years of age as of July 1, 2017
Juvenile U12 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 12 years of age as of July 1, 2017
Juvenile U14 Women Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 14 years of age as of July 1, 2017
Juvenile U14 Men Music: 2.5 min (+/- 10 sec)	Skaters must have passed STAR 5 Free Skate test or higher. Test qualifications as of November 15 th , 2017. Skaters must be under 14 years of age as of July 1, 2017

SINGLE CREATIVE IMPROVISATION EVENTS

Skaters will be judged on their ability to interpret the music. Sureness of skating will also be considered, however marks will NOT reflect the level of jumps or spins that are performed.

Music will be played 3 times: once in the dressing room, twice on the ice.

Event	Description
Creative Improvisation 1	Skaters working up to and including Star 3 Music will be a maximum of 45 secs.
Creative Improvisation 2	Skaters working on STAR 4 and STAR 5 Free Skate but no higher complete test Music will be a maximum of 45 secs.
Creative Improvisation 3	Skaters working on Senior Bronze Free Skate and Junior Silver Free Skate test but no higher complete test Music will be a maximum of 1.0 minute
Creative Improvisation 4	Skaters must be working on Senior Silver Free Skate test or higher. Music will be a maximum of 1.0 minutes

Skate Extreme (Skaters will skate all 3 portions and open to all skaters)	
Event	Description
Bronze Skate Extreme Skaters working on STAR 1 to Star 3 Free Skate test but no higher	Bronze Jump – Greatest Air Time on a Waltz Jump Bronze Spin – Most revolutions in a 1 foot forward upright position Bronze Spiral – Longest time in a moving unsupported spiral position Bonus Element – Longest time in a Shoot the Duck position
Silver Extreme Skaters working on STAR 4 and STAR 5 Free Skate test but no higher	Silver Jump – Greatest number of consecutive loop jumps Silver Spin – Most revolutions in a Backward Upright spin Silver Spiral – Longest time in a moving unsupported spiral position Bonus Element – Longest time in a Shoot the Duck position
Gold Extreme Skaters working on Senior Bronze Free Skate and higher	Gold Jump – Greatest number of consecutive axels Gold Spin – Most revolutions in a sit spin position Gold Spiral – Longest time in a moving unsupported spiral position Bonus Element – Longest time in a Shoot the Duck position
Open Extreme Competitive Skaters Pre-Novice and up	Open Jump – Greatest number of consecutive axels Open Spin – Most revolutions on a camel spin Open Spiral – Longest time in a moving unsupported spiral position Bonus Element – Longest time in a Shoot the Duck position

Active for Life / Recfig (Participants who are enrolled in our Active for Life/Recfig program)	
Event	Description
Introductory	FWD crosscuts, BWD skating, FWD sculling, FWD 1 foot glide on a curve (edge optional)
Star 1	FWD to BWD crosscuts on a circle (direction optional), Waltz jump, Salchow, 1 foot spin, 2 FWD spirals in the same direction (direction optional)
Star 2-3	FWD perimeter stroking crosscut along the end (directional optional), Flip, Loop/Loop combination, Spin of choice (sit or camel position), FWD spiral sequence

INTERPRETIVE EVENTS (Skaters will skate Interpretive program)	
Event	Description
Pre-Introductory Interpretive Music: Max 2.0 min	Skaters must not have passed any Interpretive Singles Tests
Introductory Interpretive Music: Max 2.0 min	Skaters must have passed the Introductory Interpretive Singles Test but no higher.
Bronze Interpretive Music: Max 3.0 min	Skaters must have passed the Bronze Interpretive Singles Test but no higher.
Silver Interpretive Music: Max 3.0 min	Skaters must have passed the Silver Interpretive Singles Test but no higher.
Gold Interpretive Music: Max 3.0 min	Skaters must have passed the Gold Interpretive Singles Test.

TEAM ELEMENTS

All skaters may participate in this event (GSC and non-GSC members) regardless if they have competed at the Sectional Championships.

Level	Qualifications	Element 1	Element 2	Element 3	Element 4
STAR 1	May not have passed STAR 1	Sch Jump	Waltz Jump	Forward Upright Spin	Forward Spiral on Circle, 1 inside edge and 1 outside edge in same direction
STAR 2	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6)	Loop Jump	Waltz / Toe-Loop Combination	Backward Upright Spin	Forward Spiral Sequence (two unassisted forward spirals, one performed on each foot, max eight steps between spirals)
STAR 3	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6)	Flip Jump	Loop / Loop Combination	Combination Spin (must include one camel position and one sit position and may include a change of foot)	Forward Spiral Sequence (two unassisted forward spirals, one performed on each foot, max four steps between spirals)
STAR 4	May not have passed any part of the Senior Bronze Free Skate Test (STAR 6)	Axel	Lutz / Loop Combination	Combination Spin (must include one camel position and one sit position and may include a change of foot)	Forward Spiral Sequence (two unassisted forward spirals, one performed on each foot, max four steps between spirals)
STAR 5	May not have passed any part of the Junior Silver Free Skate Test (STAR 8)	Axel	Any Double Jump	Combination Spin (must include one camel position and one sit position and may include a change of foot)	Spiral Sequence (two spirals, one on each foot, max four steps between spirals, one spiral must be unassisted)
STAR 6 (Senior Bronze)	Skaters must have passed the complete STAR 5 (Junior Bronze) Free Skate Test	Axel	Jump Combination (two jumps, one of which must be a double)	Flying Spin (one position and no change of foot)	Spiral Sequence (two spirals, one on each foot, max four steps between spirals, one spiral must be unassisted)
STAR 7/8 (Junior Silver)	Skaters must have passed the complete STAR 5 (Junior Bronze) Free Skate Test	Any Double Jump	Jump Combination (two jumps, second jump must be a double)	One Position Spin (no flying entry and no change of foot, min 5 revs in position)	Spiral Sequence (two spirals, one on each foot, max four steps between spirals, one spiral must be unassisted)
STAR 9/10 (Senior Silver)	Skaters must have passed the complete STAR 5 (Junior Bronze) Free Skate Test	Any Double Jump (Double Loop or higher)	Jump Combination (two jumps, both must be doubles)	Flying Spin (One position, may include a change of foot)	Bonus Element (any jump or spin not already performed)

Level	Qualifications	Element 1	Element 2	Element 3	Element 4
Gold	Skaters must have passed the complete STAR 5 (Junior Bronze) Free Skate Test	Any Double Jump (Double Flip or higher)	Jump Combination (two jumps, both must be doubles)	Flying Combination Spin (must start with a flying entry and have one change of foot)	Bonus Element (any jump or spin not already performed)
Open ** (Senior Bronze or higher)	Skaters must have passed the complete STAR 5 (Junior Bronze) Free Skate Test	Any Double Jump	Jump Combination (two jumps, one of which must be a double)	Flying Spin (One position, may include a change of foot)	Bonus Element (any jump or spin not already performed)

** The Open category may be used if there are not sufficient numbers to run Senior Bronze and above categories.