

# Gloucester Skating Club

## WINTER CanSkate SCHOOL 2018

January 6, 2018 - March 31, 2018



### SKATE CANADA NATIONAL PROGRAMS

#### Badges – Teaching Progressions

There are six 'Stage' badges in the CANSKATE learn-to-skate program. Each Stage incorporates the "ABC's" of skating skills focusing on the fundamental movements of 'Agility', 'Balance', and 'Control'.

#### Pre-CanSkate – Age: 3-4 years

Children aged 3-4 years are taught basic skating fundamentals, with a focus on continuous movement and creative play.

#### CanSkate – Age: 4-6+ years

Children aged 4-6+ years are taught forward/backward skating and cross-cuts, stopping, balance, and turning, etc. Hockey and ringette players can also enhance their game by improving their skating skills with our program.

#### RecFigureSkate / Active For Life

Rec Figure skaters continue to develop figure skating skills in groups in a fun, recreational and safe environment. In Active for Life, Teen/Adult skaters learn skating skills from beginner to recreational figure skating.

Day	Time	#Min	# Wks	Cost \$
<b>Pre-CanSkate – Age 3-4 years</b>				
Sat – Jan 06	9:30-10:00 am	30	10	\$97.50
Sun – Jan 07	10:30-11:00 am	30	9	\$87.75
<b>CanSkate 1 – Age 4-5 years (Stage 1-2)</b>				
Sat – Jan 06	10:00-10:45 am	45	10	\$146.25
Sun – Jan 07	11:00-11:45 am	45	9	\$131.65
Mon – Jan 08	5:50-6:35 pm	45	11	\$160.90
<b>CanSkate 1-2 (Combined) – Age 4-6+ years (Stage 1-3)</b>				
Sat – Jan 06	11:45-12:30 pm	45	10	\$146.25
Tue – Jan 09	6:00-6:50 pm	50	11	\$178.75
<b>CanSkate 2 – Age 6+ years (Stage 1-3); Age 4-5 (Stage 3)</b>				
Sat – Jan 06	10:55-11:45 am	50	10	\$162.50
Sun – Jan 07	11:50-12:35 pm	45	9	\$131.60
Mon – Jan 08	6:35-7:20 pm	45	11	\$160.90
<b>CanSkate 3 – Stage 4-6</b>				
Sun – Jan 07	12:45-1:35 pm	50	9	\$146.25
Thu – Jan 11	6:30-7:20 pm	50	10	\$162.50
<b>Active For Life – RecFigure (Combined) (RecFigure requires Stage 6 or equivalent ability)</b>				
Thu – Jan 11	7:45 – 8:15 pm Off-Ice warm-up	30	11	\$82.50
Thu – Jan 11	8:30 – 9:20 pm	50	11	\$269.50
Sun – Jan 07	1:35 – 2:20 pm	45	9	\$184.95

#### **OTHER FEES MANDATORY FOR ALL SKATERS:**

2017-18 Skate Canada member fee (Sep 1-Aug 31) \$35.70  
GSC Skater Development fee (per registration) \$5.00

### Gloucester Skating Club

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Club Office Email: [info@gloucesterskatingclub.ca](mailto:info@gloucesterskatingclub.ca)  
Website: [www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca)

### HELMET POLICY

Skate Canada clubs and skating schools who offer a CanSkate program must ensure ALL CANSKATE and ADULT CANSKATE skaters up to and including Stage 5 MUST wear a CSA APPROVED HOCKEY HELMET while on the ice.

**Register:** Go to [www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca) and click on GSC Registration/Store. We accept late registrations on a pro-rated basis if space permits. Registration instructions are found at the bottom of the Store/Registration webpage. **If this is your first time skating, type NEW when asked for your membership number. We will request a membership number for you and let you know when it is assigned by Skate Canada.** If you are a member and do not remember your membership number, please type **UNKNOWN**.

**Payment is due on registration.** Pay **online only** by Visa / Mastercard, online debit or eCheque.

**Refunds:** Cancel your registration prior to **December 30, 2017**. Registration **ONLY** (not membership or development fees) will be refunded less a \$25 administration fee. **There are NO REFUNDS after December 30, 2017.** There are no substitutions or make-ups for missed lessons. You may request a medical credit at any time if a doctor's note recommends the skater should not attend lessons. No administration fee applies for medical credits.

GSC may change or cancel sessions or ice time depending on registration and to accommodate special events or other emergency situations. The skating calendar for scheduled cancellations is posted on the GSC website and bulletin board.

Email the Club Administrator at [info@gloucesterskatingclub.ca](mailto:info@gloucesterskatingclub.ca) if you have any questions.