

Gloucester Skating Club

Membership - Coach Engagement and Pathway



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Coach Organizational Structure

BASE Coaches

- Are career coaches tend to be full-time, highly certified at the **Provincial, National or High Performance NCCP level**, with a desire for lifelong learning and professional development;
- Are **“hired” by the club/parent** to provide figure skating instruction, based on an agreed upon duration, frequency and fee. The “BASE” Coach is the contact person to the parent/client and directly invoices GSC for club programming and the parent/client for professional skating lessons;
- Plan and guide the yearly training, assessment/test preparations, attend events, provide recommendations for additional support/resource team members for athletes;
- Have the ability to coach all of the Skate Canada programming delivered by GSC: **Pre-Canskate, CanSkate, CanPowerskate, Pre-STAR, STARSkate/COMPSkate, Enrichment Programming, RecSkate/Active for Life, SynchroSkate, Special Olympics, Off-Ice Programming.**
- Tend to have the **10 year rule of engagement/touchpoints** with our membership from **Pre-Can/Canskate > STARSkate/COMPSkate > Active for Life.**



Coach Organizational Structure

RESOURCE Coaches

- These career coaches tend to be full-time, highly certified at the **Provincial, National** or **High Performance NCCP level** with a desire for lifelong learning and professional development;
- Is a coach who is requested by a “BASE” Coach to provide a “**specialty service**” to support / be a part of the “**Athlete Support Team**” their expertise could be, but not limited to: Choreography, jumping technique, spin expertise, harness, edge development, dance, video analysis etc.;
- There will be an agreement between the “BASE” and “RESOURCE” coaches on the **duration** and **frequency** of this service to the athlete. “RESOURCE” Coaches do not have their own students, nor do they engage/recommend to the client what would be best for the athlete without prior discussion and permission of the “BASE” Coach. “RESOURCE” Coaches could step into a “BASE” Coach role to **substitute** when required as requested by the “BASE” coach directly;
- Tend to **ALSO** have the **10 year rule of engagement/touchpoints** with our membership from STARSkate/COMPSkate > Active for life;
- Do not currently have the opportunity to instruct all of Skate Canada programming at GSC. Currently they work with **STARSkate /COMPSkate** members only in daily training and enrichment programming such as stroking, group spin lessons etc... however, they are **highly qualified (NCCP status)** and have skills and competencies that could be an asset to all forms of GSC programming: **Pre-Can/CanSkate/RECSkate** and **PRE-STAR**. On occasion, they are asked to step into one of these programs as a substitute/replacement coach.



Coach Organizational Structure

CANSKATE Coaches

- Have the ability to coach the following Skate Canada programs at GSC: **Pre-Canskate, CanSkate, CanPowerskate**. Some of these coaches teach **RecSkate/Adults**; may be required as a replacement for **Pre-STAR** on a rare occasion.
- **Do not** have the opportunity to instruct all forms of Skate Canada programming at GSC;
- Tend to be **part-time** with **Canskate/CanPower certification** and do not intend to pursue coaching as a career or engage in on-going professional development and advanced certification.

SYNCHRO Coaches

- Are qualified to coach the following Skate Canada programming at GSC: **Synchronized Skating Programs**;
- Tend to be **part-time** with a specialization in **Synchronized Skating** at the **Regional, Provincial or National level**;
- Tend to continue with on-going professional development and certification.

Membership ↔ Coach Engagement - Touchpoints

GSC COACHES

BASE COACHES

RESOURCE COACHES

CANSKATE COACHES

SYNCHRO COACHES

GSC PROGRAM

PRE-CAN
PRE-POWER

CANSKATE
CANPOWER

PRE-STAR

STARSKATE

COMPSKATE

SYNCHROSKATE

ACTIVE FOR
LIFE/RECSKATE
Differently Abled

LTD STAGES (Long term development)

ACTIVE START

FUNDAMENTALS

FUNDAMENTALS

LEARN TO TRAIN STAR 1-5 / STAR 6-GOLD
PRE-JUV/JUV

**Sensitive Period for Foundational Skills Acquisition*

TRAIN TO TRAIN PRE-NOV/NOV
TRAIN TO COMPETE SR/JR ELITE NOV
TRAIN TO WIN SR/JR

**High Performance athletes are MADE or BROKEN here*

FIT FOR LIFE
COMPETITIVE FOR LIFE

AWARENESS/FIRST INVOLVEMENT
ADULT/SYNCHRO/DIFFERENTLY ABLED

Legend

----- Occasional Engagement ————— Continuous Engagement

