

COACHING PHILOSOPHY:

I enjoy coaching because it allows me to give back to the sport that has given me so many life opportunities. I love to share my passion for skating by creating a positive environment and encourage my students be the best they can be. I strive to develop well rounded athletes. Building confidence and self-esteem, teaching sportsmanship and life-long skills are of most importance to me. It is my mission to create a family orientated atmosphere where success in the sport hinges on strong support and respect of athletes from all aspects.

PROFESSIONAL HIGHLIGHTS & EXPERIENCE:

- ISU European Championships participant 2004, 2006, 2007
- World JR Championships participant 2002, 2003, 2004
- ISU Grand Prix Circuit
- Principal and Ensemble skater for Disney on Ice, travelling all over the world 2008-2012
- Coached skaters from CanSkate to Senior level
- Coached at BC development seminar
- Specialized in Singles Skating
- Jump Harness use
- Skate Sharpening & Blade Mounting
- NCCP Level 3 National Trained Coach